

This information is intended to assist you in your spiritual development and to enhance, but not be substituted for, any care you should receive from your licensed healthcare or mental health professional.

ASK A PSYCHIC – Week of January 18, 2009

Question:

Hello. I am working as a nanny. Can you please look at the agreement and energy between the child and me. She is 4 years old.

Answer:

You are a wonderful nanny for this child because you are both very high energy souls with energetic bodies. The agreement I see between you relates to healing. She agreed to help you clear past pain and validate your power in the present. You agreed to validate her spiritual nature and help her see the physical world realistically.

The main energy between you is your similar experience as spirit. You are both dealing with ego issues – your ego says you are not as good as everyone else and hers says she is better than everyone else. Either ego level interferes with your spiritual flow so you are both using your relationship to help you balance. Your main challenge is to be “alpha” with this high-powered child. She needs your leadership to see that she can have her power without being so aggressive and invasive, and you need her challenge to help you express your power. Have fun.

Question:

My friend contracted a disease in her 3rd month of pregnancy which was known to cause substantial damage to the fetus. The baby was born with multiple, painful, non-typical characteristics and was placed on hospice. Why are babies born like this?

Answer:

It is difficult to maintain a spiritual perspective about painful issues with infants. This is a spiritual creation. When viewed as spirit, without the overwhelming emotional and intellectual energies of the body, one can see the soul creating this physical experience is completing a past life issue. A soul does not need much time to complete certain cycles and may come into a body for a day, month or year to complete its cycle.

The difficulty is experienced by those already in bodies, such as the mother, father, family and friends, who are being greatly influenced by emotions. These souls also agree to the experience to help them heal some aspect of their creativity. Unfortunately, many people become overwhelmed by their emotions and miss the healing opportunity. A soul must be extremely strong to deal with the death of a child. A spiritual perspective can help. Realizing the soul for which you provided a body has its unique creative purpose can give you a more loving view of the experience.

Question:

I have two lies coming up strongly for me recently: "I can't" and "I'm bad." Who and/or where are these from?

Answer:

Both of these statements are emerging from your past information stored in your subconscious memory.

"I can't" comes from being told "You can't" as a child. Your activities were severely restricted and tied into survival issues. You couldn't make noise or move freely because you might attract harmful attention.

“I’m bad” comes from the times you did not obey the adults around you. Guilt and shame were used freely to control you so you internalized the program of “I’m bad.”

Most of the energy in these statements is from female relatives.

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