

This information is intended to assist you in your spiritual development and to enhance, but not be substituted for, any care you should receive from your licensed healthcare or mental health professional.

ASK A PSYCHIC - Week of October 26, 2008

Question:

In responding to my teen, how do I keep him safe and allow him freedom?

Answer:

Everyone in your life is a reflection of you, so begin your response to him by learning to know yourself. Are you relating to him with fear or love? You are teaching him by your words, actions, emotions, etc. Are you encouraging his confidence or making him afraid? By the time your son is a teen you have given him your values so it is time for you to step back some and trust his judgment. Everyone makes mistakes so your forgiveness is also needed.

As a female you need to allow for his male characteristics and not try to make him be female. Wise counsel from an adult male is helpful for you and your son. When you love him he knows it and will respond to your love. If you are afraid for him he will respond to your distrust with rebellion. Either way, remember young people must rebel to some extent to become their own person.

Question:

I have 2 boys and I run a daycare. I sometimes feel like I will never be organized the way I would like to be. What is blocking me from either getting more organized or just from being kinder to myself about it?

Answer:

You are obviously a healer/giver and have the main problem of all givers, which is putting you last. Put yourself first and you will have more energy and time to get organized which will allow you to give more to others.

Making yourself number one on your list simply means doing the things you need to do first such as meditate, organize, and heal yourself. It does not mean being selfish but being self focused. When you put others first you become scattered, ineffectual, and eventually resentful. Enjoy being the healer you are by healing you first and creating more energy that can be used to serve others.

Question:

What happens when we die? Where does our spirit go? (from a four-year-old child)

Answer:

We are all spirit. We have bodies. Our bodies die while we the spirit are eternal and live forever. Spirit looks like a bright spark of light and can come into and leave its body any time.

When the body dies because spirit is finished with it, spirit can do many things. The spirit may leave planet Earth and merge with God, it may prepare to return to Earth in a new body like you did a few years ago, or it may choose to be a spirit guide for those of us in bodies. There are many choices for spirit when it leaves a body. The choices are based on the spirit's awareness of God.