

This information is intended to assist you in your spiritual development and to enhance, but not be substituted for, any care you should receive from your licensed healthcare or mental health professional.

## **ASK A PSYCHIC - Week of November 9, 2008**

### **Question:**

Why am I feeling stuck in my job?

### **Answer:**

I see you are a healer and your present job no longer satisfies your desire to heal. Your sense of being stuck relates to limitations you place on yourself as a healer, such as "be nice, say only kind things, do not upset others." As a healer, one often needs to say things that do not fit into your old rules.

Whether at your job or elsewhere, when you separate healing from responsibility for others your energy can flow again. By releasing your internalized limitations your healing abilities can lead you to new adventures.

### **Question:**

My daughter is afraid of bugs. She is only 18 months and not afraid of many things. I don't think this is something she learned from me. So why is this?

### **Answer:**

Your daughter is dealing with a trauma that occurred in a past life. Her present relationship with bugs comes from the past life memory which she is working through in this life. Most souls bring unfinished issues to be completed in each life. Children usually work through the fears from previous lives during their early years.

As a parent, you can assist her by relating to bugs without fear so she can release the past and relate to her present body.

**Question:**

What Karma am I trying to work through with my sister this lifetime?

**Answer:**

Karma indicates unfinished business. The main ongoing issue between you and your sister is competition. Both of you compete with the other on physical issues such as money, appearance, house, men, job, etc. You also compete over who your father loves best.

The way to end Karma is to forgive or let go. You can release your competition and your Karma will end.