

This information is intended to assist you in your spiritual development and to enhance, but not be substituted for, any care you should receive from your licensed healthcare or mental health professional.

ASK A PSYCHIC – Week of December 21, 2008

Question:

Why can't I lose weight?

Answer:

I see your weight as a padding around your pain. Your body is trying to protect itself from more pain and to soothe the existing pain.

You are also feeding the body incorrectly and it believes it is starving so it holds weight to stay alive.

You have a great deal of healing energy and most of it goes out to others, which also makes the body want to hold weight to feel real and safe.

Question:

Why can't my husband and I agree on a name for the baby?

Answer:

You are looking for your baby's name on an intellectual level instead of a spiritual level. The spirit that will inhabit the body knows her name and you can ask her what it is. Spirit loves to communicate and you can begin the dialogue with your child before conception and increase the communication throughout the physical manifestation.

Question:

How does a parent address an “imaginary friend” that doesn’t allow their child to own space, and won’t go away?

Answer:

I see that both the parent and the “imaginary friend” spirit are in the child’s space, which makes it difficult for the child to function.

The parent is afraid of the spirit which makes the child afraid and unable to own her space. The child is also learning to manipulate the parent by channeling the “friend.”

The parent can change the situation by learning about spirit and letting go of fear of spirit. The child may follow the parent’s lead.