

This information is intended to assist you in your spiritual development and to enhance, but not be substituted for, any care you should receive from your licensed healthcare or mental health professional.

## **ASK A PSYCHIC – Week of December 7, 2008**

### **Question:**

I feel like I am too busy and not able to really focus my energy. How can I be more balanced?

### **Answer:**

You have a great deal of energy and have always shared your vitality with others. At this time of rapid change, you are in need of more of your attention for you. Your body is tired, emotions strained and intellect busy because you are not focused on yourself and processing all that is happening within you.

You are giving more than you receive so to balance you need to receive more. Sounds fun.

### **Question:**

Sometimes I feel guilty for working in the pharmaceutical industry. Why can't I own it 100% and what keeps me from seeing what's best for my career?

### **Answer:**

You are a healer and are seeking an expression for your healing energy and society offered this avenue. You are presently not finding this work fulfilling as a healer.

Your survival issues keep you from seeing your career possibilities. You are focused in the past when you were more in need of security for you and your family.

**Question:**

What are the blocks to creating a lifetime partner?

**Answer:**

You are attempting to create a relationship on a physical level only. This frightens your body because it has experienced pain in past relationships and wants to avoid pain in the future. The body needs you the spirit to choose a partner and then help your body remove the old pain and patterns so you can have the relationship in the present.

A lifetime partnership is a spiritual agreement. The physical interaction is manifesting the spiritual connection and helping each other heal so you can enjoy your dance together.