

This information is intended to assist you in your spiritual development and to enhance, but not be substituted for, any care you should receive from your licensed healthcare or mental health professional.

ASK A PSYCHIC – Week of March 1, 2009

Question:

We moved over a year ago and my daughter says, “I feel like I have more friends in Bellingham than I did in Seattle and I play rougher with them in Bellingham? Why?”

Answer:

The energy in Bellingham is freer than in Seattle. Everyone has more rules and caution in the big city than in the smaller city, where people know each other better and have more trust.

It is easier to make friends and play more freely when people are not afraid. Big cities have more fear than small cities or towns.

Question:

My question is about my 5th chakra. It continues to challenge me in this life. I have thyroiditis and had eczema on my neck this winter, and recently had my neck become so stiff while teaching a yoga class that it hurt to move. I have been able to work through some of this pain and have noticed it in my shoulders lately, too. I am wondering... What is the main cause of the pain and challenges in my neck and shoulders?

Answer:

Your 5th chakra, which relates to communication, is blocked so the energy does not move correctly through this chakra. The thyroid problems come from stopping your communication and the eczema comes from the blocked energy “popping out” on your

skin instead of flowing through the chakra. The pain comes from your resistance to the blockage.

The chakra is blocked by information from someone else telling you not to speak about an occurrence in your childhood. You keep adding more energy to the original program every time you do not speak your truth and when you resist the foreign energy.

You do not have to know what the specific information is to remove it. You need faith in yourself as spirit and your ability to let go and heal.

Question:

Can you look at the energy around OPEC (cartel); is it destructive or constructive?

Answer:

I see the main motivating force of OPEC is greed. Greed is destructive because it causes us to take without giving and to make decisions based on the wellbeing of a few instead of many. While OPEC claims to do beneficial research, the majority of its energy is based on a power game to control planetary energy flow.

OPEC could be constructive and creative if the participants were focused on the wellbeing of our planet. OPEC has great power and the potential to create on a beneficial level through cooperation and communication.