

This information is intended to assist you in your spiritual development and to enhance, but not be substituted for, any care you should receive from your licensed healthcare or mental health professional.

ASK A PSYCHIC – Week of May 31, 2009

Question:

I have been separated from my husband for 3 years now and we spend so much time together on weekends having fun, dining and doing so many things. I always tell him that I love him and hope that he will soon come home. So far, he has not answered any of my questions on anything regarding our relationship. He knows I want him to be the husband he promised me and to come home and let me be his wife again. So my question is: Is he going to come home anytime soon or am I wasting my time just being his friend and him not being my husband? Should I say enough and finally try to move on without him in my life?

Answer:

You are trying to change your husband instead of healing yourself. You are waiting for him to do something and he is not. You are asking for specification and he is not responding.

By focusing on him, you are not validating your worth and power. You are clearly stating your desires, but your lack of self-worth is keeping you from following through on what you want. You cannot change anyone else. You can change yourself.

[Meditation](#) can help you increase your self-worth so you can create what you want.