

This information is intended to assist you in your spiritual development and to enhance, but not be substituted for, any care you should receive from your licensed healthcare or mental health professional.

ASK A PSYCHIC – Week of June 28, 2009

Question:

I have been going through a very big change in my life; everything that can go wrong has gone wrong. I don't blame God or life, I just pray that all will be fine. No, let me rephrase that: everything will turn out fine. My husband came to Mexico to take care of his father and ended up having surgery himself, so I had to fly down to Mexico. I also had to refinance my house for his surgery. My husband had his residency card stolen from his wallet in the hospital and we had to wait for the lawyer to send the original document for his entrance to the U.S., which got lost in the mail, so we have to wait for the document to be reprocessed. In the middle of all this, I have been taking care of my husband in his illness and of course, lost my real estate license because I couldn't afford to pay it, nor could we afford to pay the rent for my business so I had to go out of business. Now I'm meditating to release the fear that I have of not finding a good job when I get back. Would you please give me some advice on what steps to take to clear the energy around me?

I am taking art classes once a week which has opened doors to my artistic side and I'm trying to find the positive in this craziness, but sometimes I find myself crying in silence, hoping that this is actually going to turn out good. That I will find myself, my true self. I'm just not sure if I will ever get to the light on Earth.

Answer:

You are definitely a healer. You are also very responsible for others and your energy is flowing out of you to those you wish to heal instead of to you. This pattern of giving everything you have to others is causing you to deplete your energy. Your disturbing

experiences are to force you to focus within to heal yourself. All of the disruption and loss can help you change your old pattern of giving away your energy instead of filling your space with your healing vibration and letting it overflow to others.

To continue to help your husband and others, you are learning to turn within and heal yourself so you continue to have energy to give. Your art class is helping you balance by learning to receive and get in touch with your creativity. The difficult times are helping you be strong and teaching you that you must receive as well as give. As a healer you are letting go of old rules about how to heal and learning new ways, especially about receiving as much as you give.

You are capable of creating the job you need. Your challenge is to rise above everyone's fear – yours and your husband's. You have faith and you are learning to put it into practice during this time of difficulty. You are light, you are spirit. You are learning to rise above the challenges of the physical world and how to receive from God.