

This information is intended to assist you in your spiritual development and to enhance, but not be substituted for, any care you should receive from your licensed healthcare or mental health professional.

ASK A PSYCHIC – Week of July 12, 2009

Question:

My question is: Throughout my life I have chosen to live simply, and financially I have always “just gotten by.” I met my husband 7 years ago and we have been married almost 3 years. It seems ever since we met that when we get to a place financially where we feel we are on a good track to paying off all our debt, something happens that puts us right back where we were or even further in debt. We focus on manifesting abundance and make a conscious effort to be generous and give to others. What could be causing this pattern?

Answer:

You are a giver who is out of balance. You want to give to others without first taking care of yourself. If you have a bucket of water and you remove all of the water, you must take time to refill the bucket. If you create a continuous flow of water into the bucket, it overflows to everyone around it. You believe you cannot have and must give what you do have to others. When you let yourself have, you overflow and have plenty to give to others.

When you were on your own, you had your pattern under control where you kept just enough to “get by.” You have not learned to receive from your husband and create together to have what you need as a couple. You are totally focused on giving and not balancing giving and receiving. Your main issue is self-worth. By increasing your self-worth, you increase your ability to receive and give.