

This information is intended to assist you in your spiritual development and to enhance, but not be substituted for, any care you should receive from your licensed healthcare or mental health professional.

ASK A PSYCHIC – Week of July 5, 2009

Question:

I was having trouble with my thyroid. Is this caused by stifling my creativity? I'm a writer but I'm spending all my time looking for mundane survival jobs. If I got back with writing, would the iodine deficiency go away---it's an overactive thyroid.

Answer:

Spiritually, your thyroid is related to your communication. Your iodine deficiency is a physical issue spiritually caused by blockage in your communication system. You are not talking with your body or listening to its needs. Your body is afraid about survival issues and you are trying to force it to be creative. Opening your communication with your body and listening to what it needs can help you and your body. An open dialogue will also enhance your writing.

Your body is asking for help, you are not listening so the creativity is interrupted. Writing will not heal the iodine deficiency, but healing the physical problem would help the writing. Spirit-body communication enhances healing, whether physical or spiritual.