

This information is intended to assist you in your spiritual development and to enhance, but not be substituted for, any care you should receive from your licensed healthcare or mental health professional.

## **ASK A PSYCHIC – Week of August 16, 2009**

### **Question:**

I am not sure if you can help, but am not sure who else to ask.

My wife can see, for lack of a better term, dead people. She has had this gift (she wouldn't call it that) most of her life. She knows it is not going to go away and wants to learn to control it.

It is not something she tells people. As a matter of fact, we were married for a while before she told me. I believe her; she is a very practical, down-to-earth person and does not want this ability, but she has it.

### **Answer:**

Your wife is a capable psychic with a developed ability in clairvoyance or clear seeing. Unfortunately, she lacks information about how to control this spiritual ability.

Many capable clairvoyants become aware of this ability by seeing something that frightens their body. The body's fear interferes with their ability to communicate with their body and be in charge of their spiritual abilities and awareness.

Everyone is spirit and your wife is seeing spirits. These souls may be ones who have recently left their body or souls who are operating outside of a body for now. These out-of-body souls are often seeking communication to finish a cycle, talk with a loved one, etc. They are often invasive when they communicate because they also lack information. Your wife receives their message and she sees them. Her body's response is fear so she loses control of the situation as we all do when in fear.

Meditation helps be in charge of all of our spiritual interactions. [Grounding](#) is an excellent tool to help be in control of interactions with other souls, whether in or out of a body.

Your wife can decide whether or not she wants to continue her interactions with out-of-body souls or end them. She is the soul in charge of her experience, and grounding will help her accomplish this seniority with her body and others. She can also learn to use her clairvoyance for other purposes such as reading auras and gaining a spiritual perspective of her life.

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