

This information is intended to assist you in your spiritual development and to enhance, but not be substituted for, any care you should receive from your licensed healthcare or mental health professional.

ASK A PSYCHIC – Week of August 9, 2009

Question:

Is this year finally going to go in the right direction for us? We can't take any more hurdles. My husband died in 2001 and we have been in a tailspin ever since. No matter how hard we try we can't seem to break out of this merry-go-round.

Answer:

You and your family are adjusting to the absence of your husband. The main issue is overcoming fear and letting go of the past.

You and your family are learning about your strengths and weaknesses as individuals and as a group. Your husband provided a strength you are all having to develop. You are learning major lessons about creating together as a cooperative group. Some of your past survival information does not apply since your family unit is missing your husband. You are all in the process of learning to create with what exists in the present. Every hurdle you get over makes you stronger and enhances your survival and creative skills.